



## **CAL FIRE PHYSICAL/MENTAL STRESS JOB DESCRIPTION**

### **FIREFIGHTER II (PARAMEDIC)**

A DESCRIPTION IS GIVEN BELOW OF THE PHYSICAL AND MENTAL STRESSES TO WHICH A FIREFIGHTER II IS SUBJECTED TO AT CAL FIRE. YOUR JUDGMENT IS NEEDED AS TO THE EMPLOYEE'S CAPACITY TO PERFORM THE REQUIRED DUTIES. IN YOUR CONCLUSION, TAKE INTO ACCOUNT THE LONG-RANGE OUTLOOK FOR CONTINUED PERFORMANCE, AND THE EMPLOYEE'S ABILITY TO SAFELY PERFORM THESE DUTIES WITHOUT SIGNIFICANT INCREASED RISK OF INJURY TO SELF OR OTHERS BECAUSE OF MEDICAL CONDITION.

The Firefighter II (Paramedic) is a member of a fire apparatus crew and works under close supervision of a Fire Apparatus Engineer or Fire Captain to perform the full range of firefighting duties in suppression of vehicle, building, improvement and vegetation fires.

Specifically, the Firefighter II (Paramedic) responds to alarms as a member of a fire crew on such fire apparatus as pumper or water tank trucks; connects, lays, and operates hose lines; enters burning areas and structures with charged hose lines; operates and climbs ladders; makes forcible entry into buildings; ventilates buildings; uses hand tools and fire equipment to contain and suppress fire. The Firefighter II (Paramedic), as a crew member of a rescue truck, assists in Emergency Medical Services response rescue, and salvage operation; assists in performing fire prevention inspections; assists in building, grounds, and equipment maintenance and repair; inspects, cleans and repairs fire hose and equipment, sharpens fire tools, paints equipment and buildings, and performs minor construction work; performs general housekeeping duties; under close supervision, may operate motor vehicles on station premises and elsewhere in nonemergency situations for training purposes; and may assist in the training of seasonal and volunteer firefighters.

The Firefighter II (Paramedic) must have the ability to read and write English at a level required for successful job performance; learn to operate fire apparatus and special fire-suppression equipment efficiently and safely; do heavy physical work; follow oral and written directions; write legibly; exercise good judgment in hazardous fire-suppression activity; analyze situations accurately and take effective action; live in a fire station compatibly with others; and be able to work in situations where heat is intense, in addition to tolerating heavy smoke, dust, and exposure environments.

Since the Firefighter II (Paramedic) is directly involved in firefighting, the individual must have the willingness to work during weekdays including weekends and holidays and remain on duty 24 hours a day as required. The Firefighter II (Paramedic) must possess visual acuity (Snellen) of not less than 20/100 without correction in each eye, corrected to not less than 20/30 in one eye; for areas where structural firefighting is an integral part of the duties, the Firefighter II (Paramedic) must possess color vision sufficient to discriminate between electrical cable and pipe color coding, and color vision sufficient to correctly identify vehicle colors; hearing adequacy within speech frequency (uncorrected); normal use of both hands and both feet; physical strength and agility; weight in proportion to height; and be no more than mildly susceptible to poison oak.

The incumbent may be required to wear respiratory protection equipment (including self-contained breathing apparatus (SCBA)). The use of such equipment may place a physiological burden on the incumbent that varies with the type of equipment used, the job and workplace conditions in which the equipment is used, and the medical status of the incumbent. As such, Cal/OSHA requires that the incumbent be annually medically cleared to be fit-tested for respiratory protection equipment. This clearance process consists of a comprehensive medical evaluation including a review of the incumbent's medical history, a complete physical examination, and vision, hearing, spirometry, and exercise treadmill tests.

The incumbent typically is required to perform psychologically stressful and/or physically demanding duties consistent with firefighting, disaster response, and emergency medical response, including working in isolated areas, walking or running on uneven rough terrain, and remaining on duty 24 hours or longer without a break while performing these duties.

**CATEGORY I - ARDUOUS PHYSICAL WORK**

Duties involve field work requiring physical performance calling for above-average ability, endurance, and superior conditions, including occasional demand for extraordinarily strenuous activities in emergencies, under adverse environmental conditions, and over extended periods of time; requires running, walking, difficult climbing, jumping, twisting, bending and lifting over 25 pounds; and the pace of work is typically set by the emergency situation.

<p>THE UNDERSIGNED CERTIFIES THAT HE/SHE HAS READ THE CAL FIRE PHYSICAL/MENTAL STRESS JOB DESCRIPTION FOR THE EMPLOYEE NAMED BELOW AND THAT IN HIS/HER JUDGMENT THE EMPLOYEE HAS THE CAPACITY TO PERFORM THE REQUIRED DUTIES, HAS TAKEN INTO ACCOUNT THE LONG-RANGE OUTLOOK FOR CONTINUED PERFORMANCE, AND THE EMPLOYEE IS ABLE TO SAFELY PERFORM THESE DUTIES WITHOUT SIGNIFICANT INCREASED RISK OF INJURY TO SELF OR OTHERS BECAUSE OF MEDICAL CONDITION.</p>	
EMPLOYEE NAME (PRINT)	WORK UNIT
MEDICAL PROVIDER'S NAME (PRINT)	DATE
MEDICAL PROVIDER'S SIGNATURE	
ADDRESS (PRINT)	
TELEPHONE	